



# Your Partner in Health and Wellbeing

The mission of Aspira Home Health, Inc. is to provide cost effective, quality intermittent home health care for our patients. Our team approach includes patient/family, physician/CMS approved medical provider, and agency staff. Our goal is to promote optimal health and optimize the function of the patient by meeting medical, psychosocial and safety needs in the home.

Discover the difference with Aspira Home Health. Your wellbeing is our priority, and we're here to provide expert care that makes a difference.

## Contact Us

Our dedicated staff is available to address your inquiries and provide the information you need. Reach out to us via phone, or feel free to send us an email at any time.

Phone: **+1 847-777-1211**

Email: **admin@aspirahh.com**

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# OUR SERVICES

## Skilled Nursing

Registered Nurses (RNs) are responsible for medication management, administering injections, wound management and dressing changes, education on disease processes, self-care management, and coordinating with your physician

## Physical Therapy

Rediscover your physical potential with our personalized physical therapy sessions designed to help you enhance movement, strength training, improve range of motion and gait training in order for you to regain mobility and improve your overall wellness.

## Occupational Therapy

Empowering you to engage in meaningful activities of daily living safely and effectively, and regain independence through our dedicated occupational therapists.

## Speech Therapy

Unlock your full communication potential with our individualized speech therapy sessions designed to help you overcome challenges including those of swallowing, speech, language, voice and cognition..

## Home Health Aide

Our caring home health aides play a crucial role in ensuring the well-being of individuals by providing assistance with in-home safety, bathing, dressing grooming, hair/nail care, and oral hygiene which are necessary to facilitate treatment and prevent deterioration of the patient's health.



# Why Choose Us

When it comes to your health and well-being, choosing the right partner for your care is of utmost importance. At Aspira Home Health, we stand out as a premier choice for comprehensive home health services.

## Skilled and Qualified Professionals

Our team is comprised of compassionate and knowledgeable nurses, experienced therapists, attentive home health aides and other dedicated professionals, who are not only experts in their field but also genuinely care about the individuals they serve. We bring with us a deep understanding of medical and psychosocial needs and a commitment to enhancing your quality of life. Our professionals are here to guide you or your loved ones towards better health and overall wellbeing.



## Here's why you should choose us:



### Personalized Care

We understand that every individual has unique healthcare needs. Our team takes the time to listen, assess, and tailor our services to match your specific requirements, ensuring that you receive the personalized attention you deserve.



### Trusted Partner

Aspira Home Health has earned a reputation for reliability and quality care in the communities we serve. We are proud to be a trusted partner in your pursuit of better health.



### Comfort of Home

Healing is often most effective in the comfort of your own home. Our services allow you to receive top-notch medical care and support while surrounded by the familiar environment of your residence.